



**Set Up:** There are eleven players set up inside the large grid, with players starting at the cones.

**Procedure:** To begin the drill, Player B runs out of the center to wall pass with Player A. Player A passes over to Player C, as Player B returns to the center. Player D runs out to support the next combination with Player C, who passes up to Player E. Player F then runs out to support Player E. As play continues, the support players rotate clockwise in order to support all four corners, and the outside players rotate counter-clockwise. After five minutes, the support players switch out.

#### **Teaching Topics:**

- 1 Supporting runs.
- 2 The wall pass.
- 3 Passing.

#### **Progressions:**

- 1 Use two balls and five supporting players.

#### **Coaching Points:**

- 1 The supporting player should stop his run about 5-8 yards away from the passer.
- 2 A poor first pass in the wall pass combination will lead to a poor second pass.
- 3 All passes should be played to the feet of the receiver, not out into open space.