



**Set Up:** Four players are set up in the small grid, starting in the corners. Two balls are used during the drill.

**Procedure:** During the drill, one player is designated as the receiver (Player A in the diagram), and he receives passes from the other players in rapid succession. When he receives the ball, he must pass it back out to the one open player in the grid, using as few touches as possible. Return passes are not allowed. After ten passes, a new player becomes the receiver.

**Teaching Topics:**

- 1 Communication.
- 2 Passing technique.
- 3 Ball preparation.

**Progressions:**

- 1 Limit the receiver to one touch.

**Coaching Points:**

- 1 The player receiving the pass must call for the ball and make eye contact.
- 2 When passing, check for the target one last time before striking the ball.
- 3 With the first touch, set the ball off at the correct angle and distance.